

Mariam

Mariam is a young lady who has been a pupil at Lizpal School since Baby Class to which she was a latecomer as the family could not afford the fees before; she has already reached Class 2.

We first met her in January 2015 when she was 5 and half years old and weighed **19 kg**, she was meeting the expected



weight for her age according to the WHO standards. Marriam measured **110 cm** at the time and sat on the **75th percentile**

Working with her over two and a half years a huge improvement in her health has occurred. She has whizzed through her classes despite starting behind her peers as she was given the correct nourishment.

She continues to have a healthy weight of **22.5kg** and a height of **122cm**, she remains the **75th centile** with the average child in the developed world and therefore has the chance to excel with her peers



Date	Centile
27/01/2015	75
19/02/2016	75
03/04/2017	85
27/06/2017	75

